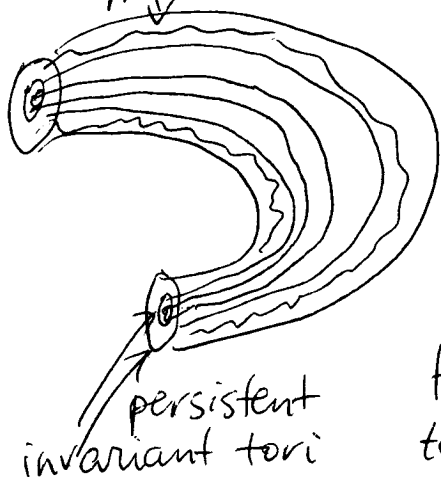


# §5. Systems with two degrees of freedom (9)

Thm In an isoenergetic, nondegenerate system with two degrees of freedom, for all initial conditions the action variables remain forever near their initial values

Pf (dimensional consideration)  $\dim M^{2n} = 4$

trapped trajectories



energy level  $\rightarrow \dim \{H = \text{const}\} = 3$

invar. tori  $\rightarrow \dim \mathbb{T}^2 = 2$

2-dim invariant tori divide

3-dim energy level  $\{H = \text{const}\}$

Hence a phase curve starting between tori remains there  $\Rightarrow I$  is approximately the same. The gap between invar. tori  $\sim \sqrt{\epsilon}$

$$\Rightarrow I - I_0 \sim \sqrt{\epsilon} \quad \forall t \in \mathbb{R} \quad \square$$

Ex. For  $H(I, \varphi, \epsilon) = \frac{I_1^2 - I_2^2}{2} + \epsilon \sin(\varphi_1 - \varphi_2)$  the Ham.

eg's are

$$\begin{cases} \dot{I}_1 = -\epsilon \cos(\varphi_1 - \varphi_2) \\ \dot{I}_2 = \epsilon \cos(\varphi_1 - \varphi_2) \\ \dot{\varphi}_1 = I_1, \quad \dot{\varphi}_2 = -I_2 \end{cases}$$

There are "fast" solutions:  $I_1 = -\epsilon t, \quad I_2 = \epsilon t$   
 $\varphi_1 = -\epsilon \frac{t^2}{2}, \quad \varphi_2 = -\epsilon \frac{t^2}{2}$

This system is isoenergetic nondegen.  $\forall H \neq 0$ , but it is not isoenergetic nondegen for  $H = 0$

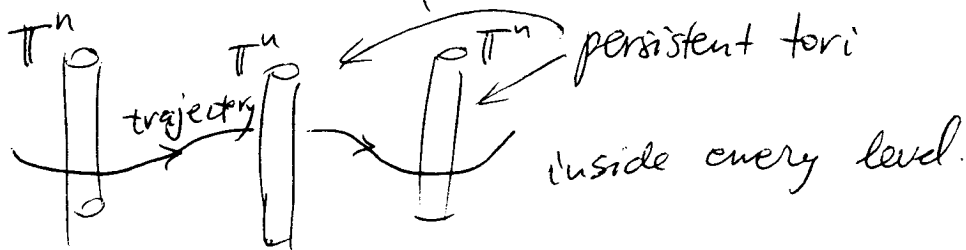
The  $\{H=0\}$ -level contains the ray  $I_1 = -I_2$ , where the frequency ratio = const = 1, called "superconductivity channel".

# §6. Diffusion of slow variables in higher dim systems

Now dimension does not prevent the escape of action variables.

If  $n \geq 3$ ,  $\dim \{H = \text{const}\} = 2n - 1 \geq n = \dim T^n$

$\text{codim } T^n \text{ in } \{H = \text{const}\}^{2n-1}$  is  $n - 1 \geq 2$



Conjecture ("Arnold's diffusion") In a higher-dim problem the typical case is topological instability: for any neighborhood of any phase point there is a phase trajectory along which slow variables go away from the initial values by a quantity of order 1.

J. Mather proved for 3 degrees of freedom for convex Ham's  $H(I)$

Numerical experiments show: evolution of the action variables is not directional, but looks like a random walk along resonances around invariant tori - "Arnold diffusion" hence the term  $\rightarrow$

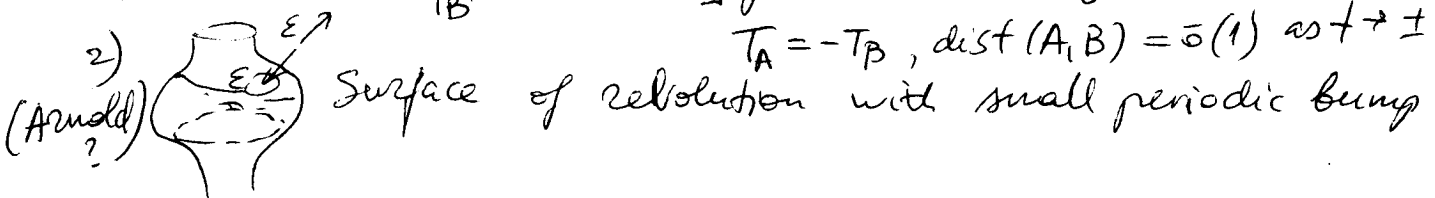
Examples 1) (Kalashin - Levi 2006)

Newton eq'n in  $\mathbb{R}^3$  with periodic potential with bumps at a lattice, freely fleeing particle:  $\text{bump } f^n$

$$\ddot{X} = -\epsilon \nabla U(X), U(X) = -\cos^2 \frac{2\pi z}{2} + \epsilon^k \beta(X, \epsilon)$$

$X \in \mathbb{R}^3 \exists$  geodesics with U-turns:

$$T_A = -T_B, \text{dist}(A, B) = o(1) \text{ as } \epsilon \rightarrow \pm \infty$$



Generically, the Arnold diffusion is exp. slow.

(11)

Def (Ilyashenko-Nekhoroshev) An analytic function is steep if it has no critical points and its restriction to any plane of any dim'n has only isolated crit. pts.

Thm (Nekhoroshev 1977) If  $H_0(I)$  is a steep function, then  $\exists a, b, c > 0$  such that in the perturbed Hamilt. system for a suff. small perturbation we have

$$|I(t) - I(0)| < \varepsilon^b \text{ for } 0 \leq t \leq \frac{1}{\varepsilon} \exp\left(\frac{1}{c\varepsilon^a}\right), \text{ i.e.}$$

$I$  remains  $\varepsilon^b$ -close for exp-long time

(Here  $a, b, c$  - const's depending on  $H_0$ .)

Pf idea: In nonresonance domains one can remove the perturbation by variable change, move it to exp small terms  $\Rightarrow$  the action evolution is exp slow if  $\nexists$  resonance

Fast evolution of order  $\varepsilon$  is possible at a resonance. For steep functions exact resonances occur at isolated pts. The resonance is destroyed during the evolution, i.e. fast evolution goes on for a short time only.

□